Robert Tunmore
School of Nursing and Midwifery
Email: tunmorer@lsbu.ac.uk



Overview

I am a senior lecturer in mental health nursing. I joined LSBU in January 2020 where I work two days a week. I completed my Post Graduate Diploma in Education for Health Care Professionals in the early '90s, having trained as a mental health nurse at The Bethlem Royal and Maudsley Hospitals. I have worked in senior regional and national roles at NHS England, the Department of Health, The Institute of Psychiatry/King's College London, and Plymouth University.

Overview

I work for LSBU on Mondays and Tuesdays. For the other three days, I work for Cavell Nurses' Trust, the national charity that supports nurses, midwives, nursing associates and maternity support workers through tough times.
I am interested in the mental health and wellbeing of health care staff. My recent research has focused on the relationship between mental health, debt and financial concerns among nurses midwives and healthcare assistants, and how to provide effective support to those facing a crisis. I am currently working on a 2026 national campaign with Cavell, focusing on stress, psychological safety and access to support, using the GHQ12 questionnnaire to quantify levels of common mental health problems among the nursing and midwifery workforce. This study will draw on a simliar pre-COVID survey (2019) which found nurses and midwives as significanly more likely to experience common mental health problems than the general UK population.
At the Royal College of Nursing Congress 2022, I was proud to launch the findings of our survey on financial hardship, with features in national news and nursing press. In 2024 I chaired a Congress session on protecting nursing from suicide, and this year, presented a session on promoting mental health and wellbeing across the nursing workforce.
I have developed and maintained stro g links to a wide range of both external academic and professional networks. This reflects my teaching competence in a diverse setting. I have kept abreast of the diverse needs of the population of students that we support with networks and international nursing associations. This has included connecting with the umbrella diaspora associations for internationally educated nurses to understand how their members can be better supported in practice, scholarship and integration across the UK. I have also represented charitable support at LSBU hosted Dame Elizabeth Anionwu Inaugural lectures and on related subsequent events.

Following on from RCN Congress 2024 and launch of the international efforts at Congress 2025, – I'm pleased to have been able to contribute to RCN Myanmar 2025 Module on 'Taking care of your own mental health' Myanmar Phoenix Nursing Degree, Royal College of Nursing, International Academy Care amongst the chaos | Publications | Royal College of Nursing

Represented Cavell on Judging panel for BJN Awards 2026 Nurse of the Year. Reviewed and judged all 29 entries for the national awards programme.

I've reflected on pedagogic and blended learning practice and updated my skills and knowledge to reinforce the focus on 'person centred' approaches drawing on the unique training programme offered by Health Action Training, The Burdette Trust for nurses in a charity related partnership (November 2024- February 2025). This has provided new insights that I have been able to integrate into teaching ay LSBU in evidenced based skills for practice at LSBU.

Having contributed to national guidelines for mental health nurse education – "Best Practice and Competencies and Capabilities for Pre-reg Mental Health Nurses in England - The Chief Nursing Officer's Review of Mental Health Nursing., I strive to have a clear, strong impact on student outcomes and course quality. I have a personal tutor role for PGDip students, providing academic support and career advice, and signposting to personal support services where appropriate, for example in supporting bereaved students, and signposting to financial support and resources where appropriate, both areas of personal and professional knowledge and expertise.

I regularly contributed to teaching on the BSc Mental Health Nursing programme, modules including 'Assessing needs and Planning Care,' 'Promoting health and preventing ill health', 'Complex and Critical Mental Health Care', and 'Mother and newborn mental health' (module lead) , the research modules 'Introducing Evidence Based Practice in Mental Health Nursing,' (module Lead), 'Appraising Evidence Based Practice in Mental Health Nursing,' and 'Implementing Best Practice in Mental Health Nursing.' All of which have attained pass rates in the 90%+ scoring bracket, which is a significant achievement.

Following up on practice placements in research teams, I am also proud to have been able to attract several students to the notion of a career in nursing research, and hope this is something they can take forward.
Scholarship or publication activity – there are highlighted elsewhere here and on PURE with a range of professional publications and research evidence for practice.
During the pandemic I was involved in making a short, animated documentary about an important role model - 'Edith,' the life and work of Edith Cavell, 1865-1915. Edith - Narrated Animated Documentary

Robert Tunmore
Registered Mental Health Nurse | Senior Lecturer | Mental Health & Learning Disability Nursing London, UK,
tunmorer@lsbu.ac.uk

_____

Academic Profile
Senior nurse academic and national policy specialist with over 30 years' experience spanning higher education, mental health and learning disability practice, government policy, and the voluntary sector. Currently a Senior Lecturer in Mental Health Nursing, with extensive experience in undergraduate and postgraduate education, curriculum development, and student supervision. Research- and practice-informed educator with a strong interest in inequality, vulnerable populations, professional advocacy, and translating lived experience into system-wide learning and improvement.
Academic Appointments
London South Bank University
Senior Lecturer in Mental Health Nursing (part-time)
January 2020 – Present
•Teaching across BSc Mental Health Nursing and Learning Disability Nursing programmes
•Delivery of undergraduate and postgraduate diploma modules
•Student supervision and academic support
•Contribution to curriculum development and programme quality assurance
•Integration of policy, practice, and research into teaching delivery _____
Previous Academic & Educational Leadership Roles
University of Plymouth - Academic Coordinator & Principal Lecturer
King's College London – Institute of Psychiatry & Florence Nightingale School of Nursing – Lecturer (Mental health nursing)
Princess Alice Hospice - Director of Education
National Hospital for Neurology & Neurosurgery - Nurse Tutor
These roles included academic leadership, programme design, professional education, clinical-practice integration, and staff development across pre- and post-registration education. _____
Research, Policy & Scholarly Practice Experience
NHS England
Regional Coordinator, Learning Disabilities Mortality Review (LeDeR)
February 2017 – March 2019
•Led regional implementation of a national learning and improvement programme
•Oversaw completion of 1,000+ mortality reviews
•Supported multi-agency learning to reduce health inequalities and prevent premature mortality
•Facilitated dissemination of findings to inform practice, policy, and education [R
University of Bristol – Norah Fry Centre
National Coordinator, LeDeR (Secondment)
February 2016 – December 2016
•Supported pilot mortality reviews and development of the national programme
•Contributed to methodology, governance, and learning frameworks _____
Professional Practice & National Policy Roles
NHS England
Associate Clinical Lead – Mental Health & Learning Disability Nursing (Secondment)
July 2015 – February 2016
•National work on serious incidents and homicide governance in mental health services
•Contributed to system-wide learning, safety, and professional standards
Department of Health
CNO Professional Officer - Communications for nurses, midwives, health visitors, and AHPs
September 2001 – June 2013
Policy Manager / Local Government Stakeholder Manager
June 2013 – June 2015
•Stewardship of adult social care, mental health, learning disability, and dementia policy
•Supported Ministers and national programmes on integration and system resilience
•Work directly informs teaching in policy, leadership, and health systems education

Care Quality Commission
Mental Health Act Administrator / Commissioner
April 2006 – April 2011
•Statutory visits and interviews with detained patients
•Focus on human rights, safeguarding, and ethical practice _____

International Academic & Clinical Experience
St Vincent's Mental Health & University of Melbourne, Australia
International Secondment
February 2007 – September 2007
•Acute inpatient mental health nursing
•Development of recovery-based practice
•Work with Aboriginal mental health services
•Distance-learning teaching in case management [R TUNMORE 5 Page CV | Word]

Education & Qualifications
•MSc in Education for Health Care Professionals, London South Bank University.
•Postgraduate Diploma in Education for Health Care Professionals, South Bank Polytechnic
•Registered Mental Health Nurse, Bethlem Royal and Maudsley Hospitals.
Academic & Professional Interests
•Mental health and learning disability nursing
•Health inequalities and premature mortality
•Ethics, human rights, and safeguarding
•Professional advocacy and workforce wellbeing
•Policy-informed education and practice
•Supporting socially excluded and marginalised communities

Professional & Voluntary Engagement
Be the Change – Nepal
Ambassador & Volunteer
January 2017 – Present
•Community development and post-earthquake recovery
•Fundraising and public engagement
•Promotion of sustainable, community-led approaches [R TUNMORE 5 Page CV | Word]

Additional Information
•UK citizen
•Extensive experience across higher education, clinical practice, government policy, and the voluntary sector
•Strong commitment to academic values, inclusion, and ethical practice

Robert Tunmore
Registered Mental Health Nurse | Senior Lecturer | Mental Health & Learning Disability Nursing London, UK,
tunmorer@lsbu.ac.uk

Academic Profile
Senior nurse academic and national policy specialist with over 30 years' experience spanning higher education, mental health and learning disability practice, government policy, and the voluntary sector. Currently a Senior Lecturer in Mental Health Nursing, with extensive experience in undergraduate and postgraduate education, curriculum development, and student supervision. Research- and practice-informed educator with a strong interest in inequality, vulnerable populations, professional advocacy, and translating lived experience into system-wide learning and improvement.
Academic Appointments
London South Bank University
Senior Lecturer in Mental Health Nursing (part-time)
January 2020 – Present
•Teaching across BSc Mental Health Nursing and Learning Disability Nursing programmes
•Delivery of undergraduate and postgraduate diploma modules
•Student supervision and academic support
•Contribution to curriculum development and programme quality assurance
•Integration of policy, practice, and research into teaching delivery
Previous Academic & Educational Leadership Roles
University of Plymouth - Academic Coordinator & Principal Lecturer
King's College London – Institute of Psychiatry & Florence Nightingale School of Nursing – Lecturer (Mental health nursing)
Princess Alice Hospice - Director of Education
National Hospital for Neurology & Neurosurgery - Nurse Tutor
These roles included academic leadership, programme design, professional education, clinical-practice integration, and staff development across pre- and post-registration education.
Research, Policy & Scholarly Practice Experience
NHS England
Regional Coordinator, Learning Disabilities Mortality Review (LeDeR)
February 2017 – March 2019
•Led regional implementation of a national learning and improvement programme
•Oversaw completion of 1,000+ mortality reviews

•Supported multi-agency learning to reduce health inequalities and prevent premature mortality
•Facilitated dissemination of findings to inform practice, policy, and education [R
University of Bristol – Norah Fry Centre
National Coordinator, LeDeR (Secondment)
February 2016 – December 2016
•Supported pilot mortality reviews and development of the national programme
•Contributed to methodology, governance, and learning frameworks _____
Professional Practice & National Policy Roles
NHS England
Associate Clinical Lead – Mental Health & Learning Disability Nursing (Secondment)
July 2015 – February 2016
•National work on serious incidents and homicide governance in mental health services
•Contributed to system-wide learning, safety, and professional standards
Department of Health
Professional Officer - Communications for nurses, midwives, health visitors and AHPs
September 2021 – June 2013
Policy Manager / Local Government Stakeholder Manager
June 2013 – June 2015
•Stewardship of adult social care, mental health, learning disability, and dementia policy
•Supported Ministers and national programmes on integration and system resilience
•Work directly informs teaching in policy, leadership, and health systems education

Care Quality Commission
Mental Health Act Administrator / Commissioner
April 2006 – April 2011
•Statutory visits and interviews with detained patients
•Focus on human rights, safeguarding, and ethical practice _____
International Academic & Clinical Experience
St Vincent's Mental Health & University of Melbourne, Australia
International Secondment
February 2007 – September 2007
•Acute inpatient mental health nursing
•Development of recovery-based practice
•Work with Aboriginal mental health services
•Distance-learning teaching in case management [R TUNMORE 5 Page CV | Word]

Education & Qualifications
•MSc in Education for Health Care Professionals, London South Bank University.
•Postgraduate Diploma in Education for Health Care Professionals, South Bank Polytechnic
•Registered Mental Health Nurse, Bethlem Royal and Maudsley Hospitals._____
Academic & Professional Interests
•Mental health and learning disability nursing
•Health inequalities and premature mortality
•Ethics, human rights, and safeguarding
•Professional advocacy and workforce wellbeing
•Policy-informed education and practice
•Supporting socially excluded and marginalised communities

Professional & Voluntary Engagement
Be the Change – Nepal
Ambassador & Volunteer
January 2017 – Present
•Community development and post-earthquake recovery
•Fundraising and public engagement
•Promotion of sustainable, community-led approaches [R TUNMORE 5 Page CV | Word]

Additional Information
•UK citizen
•Extensive experience across higher education, clinical practice, government policy, and the voluntary sector
•Strong commitment to academic values, inclusion, and ethical practice